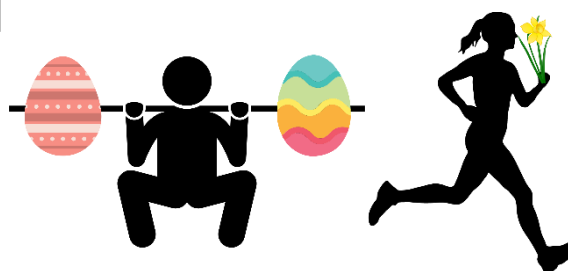


KURSPROGRAMM OSTERN

ACTIV FITNESS Gossau

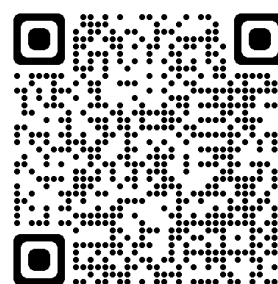


Group Fitness

Datum	Tag	Stilrichtung	Instruktor*in	Zeit
07.04.2023	Karfreitag	Pilates	Carmen P.	10:00 – 10:55
		M.A.X.®	Carmen P.	11:00 – 11:25
08.04.2023	Samstag	BODYPUMP®	Carmen P.	09:30 – 10:25
		CORE®	Carmen P.	10:30 – 10:55
09.04.2023	Ostersonntag	ZUMBA® Special	Sandra G.	10:00 – 11:25
10.04.2023	Ostermontag	M.A.X.® meets BODYPUMP®	Ruth H. Jasmin St.	09:30 – 10:55

Kinderparadies

07.04.2023	Karfreitag	09:15 – 11:45
08.04.2023	Samstag	09:15 – 12:00
09.04.2023	Ostersonntag	Geschlossen
10.04.2023	Ostermontag	09:15 – 11:45



ACTIV
FITNESS

