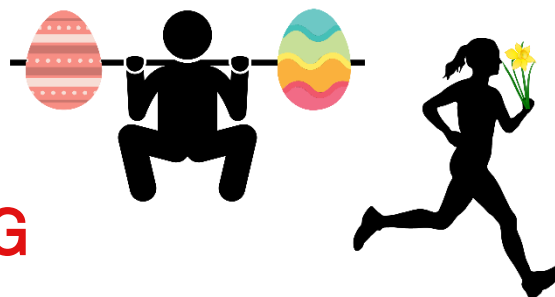


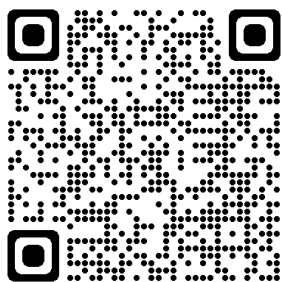
# KURSPROGRAMM OSTERN

ACTIV FITNESS HEIMBERG



## Group Fitness

Datum	Tag	Stilrichtung	Instruktor*in	Zeit
07.04.2023	Karfreitag	BODYPUMP®	Nancy I.	09:00 – 09:55
		Yoga	Nancy I.	10:00 – 10:55
08.04.2023	Samstag	Reguläres Kursprogramm		
09.04.2023	Ostersonntag	BODYPUMP®	Lisa M.	09:00 – 09:55
10.04.2023	Ostermontag	Intervall Training	Roberta F.	09:00 – 09:55
		Vinyasa Yoga	Tiziana F.	10:00 – 10:55



**ACTIV**  
FITNESS