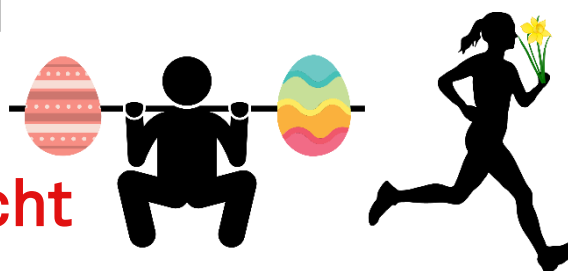


# KURSPROGRAMM OSTERN

## ACTIV FITNESS Küssnacht

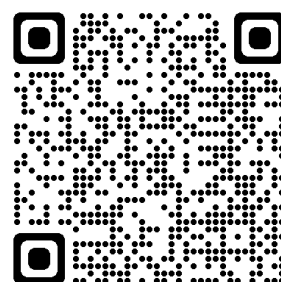


### Group Fitness

| Datum      | Tag          | Stilrichtung           | Instruktor*in | Zeit          |
|------------|--------------|------------------------|---------------|---------------|
| 07.04.2023 | Karfreitag   | Indoor Cycling         | Marcel K.     | 09:30 – 10:25 |
|            |              | ZUMBA®                 | Svetlana K.   | 10:00 – 10:55 |
| 08.04.2023 | Samstag      | Reguläres Kursprogramm |               |               |
| 09.04.2023 | Ostersonntag | BODYPUMP®              | Gabriela B.   | 10:00 – 10:55 |
| 10.04.2023 | Ostermontag  | Indoor Cycling         | Marcel K.     | 09:30 – 10:25 |
|            |              | Pilates                | Sigrid S.     | 10:00 – 10:55 |

### Kinderparadies

|            |              |                   |
|------------|--------------|-------------------|
| 07.04.2023 | Karfreitag   | 09:15 – 11:45 Uhr |
| 08.04.2023 | Samstag      | 08:30 – 11:30 Uhr |
| 09.04.2023 | Ostersonntag | 09:15 – 11:45 Uhr |
| 10.04.2023 | Ostermontag  | 09:15 – 11:45 Uhr |



**ACTIV**  
FITNESS

