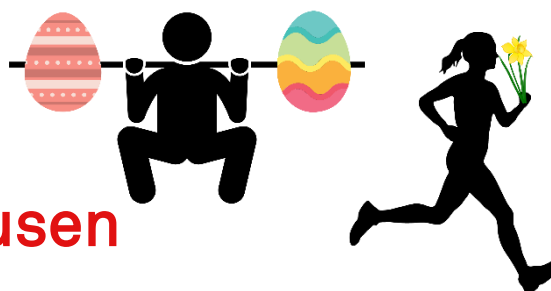


KURSPROGRAMM OSTERN

ACTIV FITNESS Schaffhausen



Group Fitness

Datum	Tag	Stilrichtung	Instruktor*in	Zeit
07.04.2023	Karfreitag	BODYPUMP® Challenge	Cati C. & Laura M.	10:00 – 10:55
		CORE®	Cati C. & Laura M.	11:00 – 11:25
08.04.2023	Samstag	BODYCOMBAT®, BODYATTACK® and CORE® MIXED	Céline M.	09:30 – 10:55
		ZUMBA®	Silvia M.	11:00 – 11:55
09.04.2023	Ostersonntag	BODYPUMP® meets CORE®	Laura M.	10:00 – 11:25
10.04.2023	Ostermontag	Bodytoning	Lucia W.	09:30 – 10:25
		ZUMBA®	Lucia W.	10:30 – 11:25

Kinderparadies

07.04.2023	Karfreitag	09:15 – 11:45
08.04.2023	Samstag	09:15 – 11:30
09.04.2023	Ostersonntag	geschlossen
10.04.2023	Ostermontag	09:15 – 11:45

