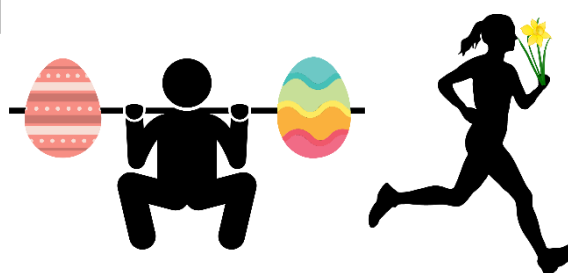


KURSPROGRAMM OSTERN

ACTIV FITNESS WIL



Group Fitness

Datum	Tag	Stilrichtung	Instruktor*in	Zeit
07.04.2023	Karfreitag	BODYPUMP® meets M.A.X®	Jasmin S. & Ruth H.	10:00 – 11:25
08.04.2023	Samstag	BODYCOMBAT® Technik	Joanna P.	09:15 – 09:55
		BODYCOMBAT®	Joanna P.	10:00 – 10:55
09.04.2023	Ostersonntag	BODYPUMP®	Jennifer H.	09:30 – 10:25
		Indoor Cycling	Lubia H.	10:30 – 11:25
10.04.2023	Ostermontag	BODYATTACK®	Marina M.	09:30 – 10:25
		Hatha Yoga Flow	Svetla S.	10:30 – 11:25

Kinderparadies

07.04.2023	Karfreitag	09:15 – 11:45
08.04.2023	Samstag	09:15 – 12:15
09.04.2023	Ostersonntag	09:15 – 11:45
10.04.2023	Ostermontag	09:15 – 11:45

